



# VideoEducator™ Loan Library

A B E N E F I T O F M E M B E R S H I P

## Home Health Aide In-Service Training

### Nutrition: Plan to Eat Healthy

(34 min.) Order code: VNPEHDVD

- Basic nutrition
- The Food Pyramid and dietary guidelines
- Reading nutrition facts food labels
- Shopping and meal planning techniques
- Incorporating current nutritional recommendations

### Nutrition: Modified Diets (48 min.)

Order code: VNMDDVD

- Dietary considerations for patients who must limit fat, cholesterol, sodium and calories
- Foods rich in potassium
- Essential strategies for successful dieting
- Helping the patient with eating difficulties and poor appetite

### Care of the Diabetic Patient (35 min.)

Order code: VCDPDVD

- The aide's role in dealing with the three elements in the Circle of Control (diet, medication, exercise)
- Important points in caring for diabetic patients
- Overview of hypoglycemia, hyperglycemia and ketoacidosis

### Infection Control (42 min.)

Order code: VINFCDDVD

- How infections are transmitted
- Personal hygiene habits
- Environmental practices
- Asepsis and aseptic practices
- Handwashing and Universal Precautions, a key component of OSHA standards

- Ways to minimize exposure to HIV and HBV
- Caring for the patient with an infection

### The Patient with a Pump (40 min.)

Order code: VPWPDVD

- Types of patients using a pump
- Aide's role in caring for patients with IV or enteral pumps
- Hygiene and skin care
- Precautions and safety

### Therapeutic Communication (45 min.)

Order code: VTCDVD

- Effective communication techniques and roadblocks
- Active listening techniques
- Nonverbal language
- How to display empathy

### Therapeutic Communication: Dementia and Aphasia (38 min.)

Order code: VTCDADVD

- How to deal with problems of patients with dementia (memory loss, confusion, disorientation, repetitive questions, mood swings)
- Causes and types of aphasia
- Guidelines for dealing with communication problems of aphasic patients

### Enhanced Observation and Documentation (33 min.)

Order code: VEODDVD

- Documentation essentials to protect the worker and agency
- Confidentiality
- Observations
- Incident

### Cancer and the Caregiver (34 min.)

Order code: VCCDDVD

- The emotions of cancer patients (denial, fear, anxiety, anger, depression)
- Strategies for providing support

- Handling difficult questions about pain, prognosis and life expectancy

### In Case of an Emergency (40 min.)

Order code: VCEMRDVD

- Emergency care priorities
- First aid for fractures, burns
- Ways to control bleeding
- Treatment of shock, poisoning

### The Patient with Decreased Mobility: Pt. 1 (45 min.)

Order code: VPDM1DVD

- Causes of decreased mobility
- Range of motion exercises
- Ways to prevent and treat constipation and incontinence

### The Patient with Decreased Mobility: Pt. 2 (45 min.)

Order code: VPDM2DVD

- Cardiac and respiratory complications that occur with decreased mobility
- Ways to promote good nutrition, prevent skin breakdown and keep patients involved in life

### Moving Your Patient: Body Mechanics (32 min.)

Order code: VMPBDVD

- Body mechanics: sitting, standing, lifting
- How to move patients safely
- How and when to use a gait belt
- Steps in repositioning patients
- Aide's role in home exercise program

### Moving Your Patient: Equipment

(30 min.) Order code: VMPEDVD

- Procedures and safety guidelines for using a Hoyer® Lift
- Proper use of wheelchairs and walkers
- Ways of assisting patients with transfers and ambulation

All videos are available on DVD only.

**Home Health Aide In-Service Training**

(Continued)

**Patient Rights** (37 min.)

Order code: VPARDVD

- Essential elements of patient rights
- Confidentiality
- Promoting patient participation in care
- Respect for the patient

**Home Safety** (34 min.)

Order code: VHSAFDVD

- Promoting safety in the home
- Preventing fires and falls
- Hazards affecting children and the elderly
- Assistive devices

**Focus on Infection Control** (37 min.)

Order code: VFICDVD

- Principles of Universal Precautions, a key component of OSHA standards
- Procedures for handwashing, glove use
- Handling soiled linens, wastes and disposables
- Changing dressings

**Focus on the Diabetic Patient**

(34 min.) Order code: VFDBDVD

- Principles of meal planning
- How to use food exchange lists
- Proper procedures for exercise, foot care and ketone testing

**Hip Surgery: Recovering at Home**

(35 min.) Order code: VHIPDVD

- Caring for a patient recovering after a hip fracture or hip replacement surgery
- Assisting with ambulation using a walker, cane or crutches
- Nutrition, patient risk factors and complications

**Personal Care: Bathing** (45 min.)

Order code: VPCBDVD

- Procedures, precautions and products for bathing
- How to do four types of bathing (shower, bed bath, partial bath, tub bath)
- Infection control and safety issues related to bathing

**Personal Care: Hygiene and Grooming**

(48 min.) Order code: VPHGDVD

- Procedures and precautions for providing care of the skin, feet, hair, and nails
- Oral hygiene and general grooming

**Caring for the Cardiac Patient**

(36 min.) Order code: VCCPDVD

- Overview of basic anatomy
- The importance of observing your patient carefully
- Daily care and managing symptoms
- Planning meals safely and appropriately
- Precautions to take
- Modifying the environment

**Agency Education****Homecare Ethics: Resolving Ethical Issues in Patient Care**

(39 min.) Order code: VETHICDVD

With this video kit, your staff will learn practical strategies for recognizing and resolving everyday ethics issues in care delivery. Use this program to make ethics an integral part of your staff training.

**Bloodborne Pathogens: Protecting Yourself and Others in Homecare**

(40 min.) Order code: VBLBPDVD

The increased incidence of bloodborne diseases concerns homecare providers. All are at risk, but many may not even realize it. Make sure you meet OSHA requirements with this comprehensive, easy-to-understand program.

**Quality Improvement in Action: A Homecare Case Study** (38 min.)

Order code: VQIDVD

Learn about the Quality Improvement (QI) process by observing an agency's efforts to improve care, involve staff members in QI, and how a QI committee and QI team work together to investigate and improve care.

**HIPAA in Homecare: Protecting Your Patient's Privacy** (35 min.)

Order code: VHIPAADVD

Through helpful dramatization, your staff will learn important HIPPA concepts, such as protected health information (PHI), confidentiality, security, consent, need to know, minimum necessary, and treatment, payment and operations (TPO).

**Skilled Nursing Services Training****The Care Planning Process** (57 min.)

Order code: VSNS1DVD

Get an in-depth review of the five-step process of care planning. Learn how a written care plan promotes consistent, quality care delivery and demonstrates compliance with the regulations.

**Conditions of Participation** (52 min.)

Order code: VSNS2DVD

Get clear explanations of the rules governing all Medicare-certified agencies. Learn what the rules say exactly, what they mean to you, and what you need to do to demonstrate compliance.

**Medicare Services, Pt. 1** (37 min.)

Order code: VSNS3DVD

Gain an good understanding of Medicare's qualifying and coverage criteria, how to prevent denials for daily nursing, the homebound requirement, and criteria for evaluating patients' situations.

**Medicare Services, Pt. 2** (29 min.)

Order code: VSNS4DVD

Learn the regulatory requirements for the first three Medicare-covered skilled nursing services: observation and assessment, teaching, and procedures, including documentation.

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**Medicare Services, Pt. 3** (37 min.)

Order code: VSNS5DVD

Demystifies the fourth Medicare-covered skilled nursing service, management and evaluation of a care plan. Presents practical tips for evaluation and documentation of services.

**Documentation** (58 min.)

Order code: VSNS6DVD

Learn how to utilize Impact Charting™\*, an innovative approach to documentation. Find out how to build a clinical record that demonstrates compliance and supports your claims for reimbursement.

**Putting It All Together** (48 min.)

Order code: VSNS7DVD

Apply the knowledge gained in previous modules to case studies presented in this video. Learn guidelines to determine appropriate visit frequency and important considerations for recertifying your patients.

## PPS Education Series

**Skilled Nursing Services: In Focus**

(43 min.) Order code: VSNSDVD

Explore Medicare requirements for skilled, reasonable and necessary services. Examine the four Medicare skilled nursing services (observation and assessment, skilled procedures, teaching, and management and evaluation) and more.

**Homebound Status: The Core of Medicare Coverage** (22 min.)

Order code: VHOMEDVD

Determining and documenting homebound status is an essential skill, yet, it can be confusing and difficult. Learn how four components (functional limitations, medical/physical reason, impact on activity, and absence from the home) can help develop this important skill.

**OASIS-C in Action** (35 min.)

Order code: VOCIADVD

Get an overview of OASIS-C and an analysis of the new data elements. Learn what has and has not changed from the previous data set. Discover how the OASIS can benefit your agency. Enhance your understanding of important concepts using EBP and process measures. Get helpful assessment tips. Review the different types of data elements. Pinpoint the main areas of concern and how to address them. Identify new data elements that closely resemble the previous ones and avoid great risk to your agency. Test your overall knowledge.

**Diagnosis Coding in the Home Health PPS** (30 min.)

Order code: VDCHHDVD

Good coding skills are vital now that coding is linked to payment. Learn the coding process in a three-part approach, including: clinical, coding, and payment factors. This video also integrates coding with compliance and clarifies the roles of the clinician and the coder.

**PPS Documentation: The Supporting Cast**

(38 min.) Order code: VPPSDVD

Build a solid foundation of documentation skills by examining the comprehensive assessment, the essentials of visit note documentation, requirements for the Medicare profile, how documentation supports payment in the PPS, and more.

\* *Impact Charting*, found in the "Documentation" video (VSNS6DVD), is a trademark of Beacon Health, a division of HCPro, Inc.

## CNA Training Solution Videos from HCPro, Inc.

HCPro's *CNA Training Solution* videos were developed specifically by and for long-term care professionals. They translate well for home health aide in-service training. Each DVD/CD-ROM program provides the necessary tools to deliver in-service training of 30-45 minutes in length.

**Alzheimer's Disease**

Order code: VCNAAD

Goes through the stages of Alzheimer's disease. Shows how to recognize the symptoms and the special considerations of working with afflicted residents.

**Depression and Anxiety**

Order code: VCNADA

Examines the definitions, causes, and signs of depression and anxiety in the elderly. Shows how to recognize the symptoms since they often can be mistaken for dementia. The five major types of anxiety are examined.

**Elder Abuse**

Order code: VCNAEA

Offers descriptions and examples of physical abuse, sexual abuse, emotional abuse, neglect, and financial exploitation. Discusses the warning signs and what to do if abuse is suspected.

**Pain Management**

Order code: VCNAPM

Looks at how pain can affect patients' lives. It also examines how to recognize the signs and symptoms of pain, describes the different types of pain, and explores how pain is commonly treated.

All videos are available on DVD only.